

## **Vial of Life Project**

Looking at the damage that Hurricane Katrina caused, it brought to the forefront that the same devastation could happen here on the west coast with a major earthquake. With that in mind, the Vial of Life Project that my club (Arcadia) sponsored over many years has become more important. These simple vials could save a life in times of emergency.

District Eleven wants to revive this program. Vials are ordered from a distributor, two labels per vial (one for the front of the vial and one for the window/refrigerator, to allow emergency workers to know the vial is available) are made and an information sheet with all pertinent information such as contact information, medication taken, doctor's name, chronic problems, etc., is provided to the participants. These vials can be kept in the refrigerator, purse, car, etc.. If a major disaster strikes in our District, these vials could be the difference in surviving.

The cost is approximately \$1,200.00 for 5,000 completed vials. They can be distributed through your local fire departments, police departments, senior centers, etc. For more information, and/or help to get started, contact me at [nely-intercol@usa.net](mailto:nely-intercol@usa.net).

All communities need to plan ahead to be ready for any disaster that comes our way, And we as Altrusans can lead the way. We want to make District Eleven the safest we can, and have every club participate in the Vial of Life Program.

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